



Immanuel
Lutheran
College

Cocurricular Handbook 2025



Cocurricular at Immanuel



At Immanuel we place equal emphasis on each student's academic, cultural, social, physical and pastoral development to encourage a sense of belonging and foster deeper friendships. We have a broad range of cocurricular activities that are designed to inspire students, value their strengths and differences, and encourage

them to develop a spirit of service both to each other and to the wider community.

ACTIVITIES COVER FOUR KEY AREAS:
Cultural and Academic, Music, Sport and Outdoor Education.



Cultural and Academic

ARTS TOUR SECONDARY SCHOOL STUDENTS IN ARTS	Biennial end of Term 2. Next tour planned for 2025. Mrs Emily Bonar / Miss Amy Sluggett Tours are an additional cost to families. In 2025, the tour is for Years 10-12 students only.
BRAINWAYS – DAYS OF EXCELLENCE YEARS 1-6	One day per semester by invitation only Mrs Katrina Riley A day of challenge for high potential and talented students across the Primary Years. The program is coordinated externally, off-site and programs are run by specialists in their field. Topics vary each year. *Costs associated
CHESS YEARS 1-6	Term 2 Mr Michael Johnson Wednesdays, 11.05am-11.35am Location TBC Chess Club is a magical place where Kings and Queens come alive and can be toppled in an exciting adventure of wit, skill and strategy. Will you be the champion of the chess board?
DAILY BREAD SOUP KITCHEN	Gayla Mathews The Daily Bread Soup Kitchen is a free meal service in Nambour which operates two nights a week, feeding up to 60 people a night. Students are invited to assist via the College Chaplain on various Monday and Wednesday afternoon/evenings throughout the year.
DANCE CLUB YEARS 1-6	Term 3 Ms Josephine Fagan Day TBC, 11.05am-11.35am Acacia 2 Do you enjoy listening to music and dancing around the room to some of your favourite songs? Dance club is just the place for you. Some weeks we will take song requests and have a dance party and other weeks we will make up routines with our friends to share with other groups in dance club. Depending on numbers, we might spend time all learning the same dance routine.
DA VINCI DECATHLON YEARS 5-6	Competition Day in Term 2 weekly training in the lead up to the competition Miss Cairo Baker / Mrs Roylee Golden The Da Vinci Decathlon is an academic competition where primary school students work in teams to solve challenges across ten different subjects, including math, science, engineering, and creativity. Inspired by Leonardo da Vinci, it encourages critical thinking, problem-solving, and teamwork.
DEBATING YEARS 7-12	Term 2 and 3 Ms Haylee Freudigmann Sunshine Coast Debating Competition (Short Preparation), Years 7–12. Formation of teams and training will begin in Term 2 with the competition on Wednesday nights during Term 3. Meetings are held once per week at a designated lunch time and some afternoons when required.

<p>DRAMA CLUB YEARS 7-9</p>	<p>Solitaire Marks Drama Club provides students with the opportunity to enhance their performance skills by focusing on public speaking, characterisation, stagecraft and improvisation techniques. Students publicly present their work during a showcase evening and a one-act-play production.</p>
<p>DRAMA – THE SCENE PROJECT YEARS 10-12</p>	<p>Solitaire Marks The Scene Project is Queensland Theatre’s largest Education offering, encouraging drama students throughout the state to engage in the creative process of performance, from rehearsal through to presentation. The project concludes with local schools coming together in a professional theatre venue to share their performance.</p>
<p>DRAWING CLUB (FUN WITH DRAWING) YEARS 2-6</p>	<p>Term 2 Mr George Milne Mondays 11.05am – 11.35am Love to draw? Join our fun club to sketch, doodle, and create! Try new art ideas, learn cool tricks, and let your imagination shine. Everyone’s welcome—just bring your creativity!</p>
<p>DUKE OF EDINBURGH’S INTERNATIONAL AWARD YEARS 9-12</p>	<p>Mr Cameron Roach Wednesday 1.25pm–1.40pm Eucalypt 9 The Duke of Edinburgh’s International Award is an international youth development program aimed at young people between the ages of 14 and 25 years where they choose their own activities and set their own goals. When students complete an Award level, they receive an internationally recognised certificate and badge. The Award Program has three award levels: Bronze, Silver or Gold. Each level has different time commitments. To finish the Bronze and Silver levels, students are to complete four award sections and five for the Gold level. The Award sections are Service, Skill, Physical Recreation, Adventurous Journey and Residential Project. The Program is also a recognised course of study for the Queensland Certificate of Education (QCE). Students can earn up to 4 credits — 1 for Bronze, 1 for Silver and 2 for Gold.</p>
<p>ECO CLUB YEARS 7-12</p>	<p>All Year Ms Emily Boyd Wednesday, 1.10pm–1.45pm KLT/Environmental Centre Eco Club serves as a platform for passionate individuals to unite in their dedication to environmental stewardship. Through a variety of engaging activities, discussions, and hands-on projects, participants delve into pressing environmental issues, cultivate sustainable practices, and spearhead impactful initiatives within our school community and beyond.</p>
<p>GERMAN CLUB YEARS 7-10</p>	<p>All Year Ms Carina Gall Tuesday lunch time</p>
<p>GERMAN EXCHANGE YEAR 10</p>	<p>Term 4 Ms Bettina Fricke The Year 10 cohort hosts four German students from the Theodor-Heuss-Gymnasium for three months, staying with Immanuel host families.</p>

<p>GERMAN TOUR</p> <p>YEARS 9-12</p>	<p>Ms Bettina Fricke / Ms Deb Carr</p> <p>Takes place every 3 years, the next one running in September 2026</p> <p>Three week trip to our sister school in Göttingen, plus Berlin, München, Neuschwanstein and many other places in between.</p>
<p>IMMANUEL LUTHERAN CHURCH YOUTH PROGRAMS</p>	<ul style="list-style-type: none"> <p>Get into God (GiG) Years 4–6</p> <p>Friday, 3.15pm–4.30pm, Immanuel Lutheran Church, excluding the first and last Friday of Term. Stefan Volejnik</p> <p>A youth program for upper primary students to eat great food, learn about God and play some fun games!</p> <p>Men of the Bacon (M.O.B) Years 10-12</p> <p>Friday-term time, 7.00am-8.15am, Immanuel Lutheran Church</p> <p>A space for young men to connect with each other, bring, share and cook a big BBQ brekky, and chat about life and God.</p> <p>Friday Night R&R Years 7-12</p> <p>Friday during term time, 5.00pm-7.00pm (for Years 7-8) 5.00pm-8.30pm (for Years 9-12), Immanuel Lutheran Church.</p> <p>A space for secondary school students to unwind and relax after a big week of school. No set program, with video games, board games, activities and more! Bring \$5 for a pizza dinner.</p> <p>Stefan Volejnik - stefan@immanuelchurch.au</p>
<p>IMMANUEL GARDENS AGED CARE FACILITY- 'GROWING TOGETHER- A GARDEN FOR GENERATIONS'</p>	<p>Trial - Term 1</p> <p>Ms Emily Boyd</p> <p>Thursday, 3.10pm–4.00pm KLT/Environmental Centre</p> <p>This intergenerational program connects students with residents of Immanuel Gardens Aged Care Facility through shared gardening and craft activities. Together, participants will beautify a shared garden space, fostering creativity, meaningful relationships, and mutual learning. Students will cultivate both plants and friendships, contributing to a vibrant and welcoming environment for all.</p>
<p>INTERACT (YOUTH ROTARY)</p> <p>YEARS 7-12</p>	<p>All year</p> <p>Ms Kirsten Zweck</p> <p>Thursday, 1.25pm–1.45pm KTC</p> <p>Opt-in lunchtime and outside of school activities</p> <p>Community service club following the motto service above self. Interact is a branch of Rotary International for youth aged 12-18. We organise multiple projects each year to raise awareness and funds to support causes locally, nationally and internationally.</p> <p>Activities include running BBQ and bake sales for sporting and music events at the College, volunteering at the Mooloolaba Triathlon and selling roses for Valentines Day. Rotary club sponsors mentor and guide Interactors as they carry out projects and develop leadership skills.</p>
<p>JUNIOR ECO CLUB</p> <p>YEARS 1-6</p>	<p>All Year</p> <p>Mrs Susan Swift / Ms Emily Boyd</p> <p>Thursday, 11.05am–11.35am PS Garden Beds</p> <p>Junior Eco Club engages in meaningful environmental stewardship, tailored specifically for Year 1-6 students. Delve into the wonders of nature through forest walks, gardening endeavours, and hands-on activities. Our club fosters an enduring appreciation for sustainability and conservation, empowering young minds to enact positive change.</p>

<p>JUNIOR ETHICS OLYMPIAD</p> <p>YEAR 6</p>	<p>Terms 3 and 4 by invitation only</p> <p>Mrs Allison Camille Training Day: Date TBA (Term 3) Competition Day: Tuesday 9th September 2025</p> <p>The Ethics Olympiad is an international competition that develops students' skills in critical thinking, collaboration and communication. In a team of 5, Year 6 students think through some tough moral issues of our time in a positive and constructive space. The Eth-letes will be trained by their Ethics Coach once a week at Morning Tea. They will learn about ethical frameworks, reasoning, critical thinking and communicating with others in a respectful manner using their well-developed discourse skills. In Term 3, after attending a one-day training camp, they will compete online in the Junior Ethics Olympiad against schools from Australia, NZ and Asia.</p>
<p>KIDS IN ACTION</p> <p>YEARS 5-8</p>	<p>Emily Boyd Time & Location TBA</p> <p>'Kids in Action' is an award-winning program which aims to grow a culture that values caring for the natural world. The program brings together students, teachers, First Nations custodians, and local experts from across the region to collectively build skills and share learnings to help conserve the Sunshine Coast's spectacular environment. The program consists of two excursion days experiencing and learning about our local region, and the creation of a student led group project to share with peers about an environmental topic.</p>
<p>KOKODA CHALLENGE SUNSHINE COAST</p> <p>YEARS 9 - 12</p>	<p>Term 2</p> <p>Mr Cameron Roach Saturday 10 April</p> <p>Teams of four students plus a staff member complete either a 18km, 30km or 48km course in and around Imbil State Forest whilst raising funds for Kokoda Youth Foundation. Further details can be found here: www.kokodachallenge.com/sunshinecoast.</p>
<p>LIONS YOUTH OF THE YEAR PUBLIC SPEAKING</p> <p>YEARS 11 AND 12</p>	<p>Term 1</p> <p>This competition assesses students' ability to talk on a topic of their own choice as well as answer impromptu questions on current social issues. Starting at a local district level, students who are successful then progress to State and National competition levels.</p>
<p>MAKERSPACE</p> <p>YEARS 1 - 6</p>	<p>All Year</p> <p>Mrs Kelly Dunham Monday, Wednesday, and Friday 11.05am-11.35am Makerspace Room</p> <p>Primary school students are invited to the Makerspace for creative fun during first break each day.</p>
<p>MLTAQ GERMAN LANGUAGE SPEECH COMPETITION</p> <p>YEARS 5-12</p>	<p>Last Sunday in August: Practise in Term 3</p> <p>Ms Bettina Fricke / Ms Carina Gall / Ms Debra Carr USC Sunshine Coast</p> <p>MLTAQ German Language Speech Competition held at the University of the Sunshine Coast.</p>
<p>MOOTING SUNSHINE COAST SCHOOLS MOOTING COMPETITION</p> <p>YEARS 11 AND 12 STUDENTS OF LEGAL STUDIES</p>	<p>Terms 1 and 2</p> <p>Mr Lachlan Howell</p> <p>A Moot is a simulated court hearing which imitates procedures followed in real courts. It is an opportunity for students to consider a legal problem, prepare written submissions and then use their oral presentation skills to present arguments before a judge or judges.</p>

MUSICAL PRIMARY AND SECONDARY	Alternate Years – 2025 Primary School and 2026 Secondary School Mrs Melissa Kniepp / Ms Marika Doman / Ms Naomi Rogers / Ms Debra Carr / Ms Lauren Cronin / Ms Katrina Rugendyke / Ms Lizzie Lambert Primary School participation is encouraged for all students in Years 3 to 6 with lead roles predominately being allocated to Year 5 and 6 students.
READING CLUB YEARS 1-3	Semester 2 Mr Pete Hobbs Day (TBC) 11.05am – 11.35am
READERS CUP YEARS 6-10	Term 2 Mrs Jenny Byrne / Mrs Kelly Dunham This is an activity for Year 6 students who enjoy reading, have a good memory and comprehension skills, and work well in a team situation. A team of four, plus one reserve, read five books commencing in March through to the competition here at Immanuel in June. Up to 29 teams from schools across the Sunshine Coast compete to find a winning team who will represent the region in the state competition in September. Year 7-10 students are also involved in Readers Cup throughout the year.
SCIENCE CLUB YEARS 3-6	Term 3 TBC Interested students are invited to attend PS Science club during Term 3. The students will participate in a range of activities led by our Year 11 UQ Science Ambassadors. Our aim is to lead students into developing their own short investigation.
SCIPHA IMMERSION DAYS YEAR 6	One day per term – by invitation only Mrs Katrina Riley A day of challenge for high potential and talented students in Years 5 and 6. Experiences include Mathematics, Science, Arts, Digital Technologies and more.
STUDENT REPRESENTATIVE COUNCIL YEARS 3-6	All Year – run fortnightly in even weeks Mr Dan Keane Thursday, 11.05am–11.35am Bunya 3 (Mr Keane’s Classroom)
STUDENT REPRESENTATIVE COUNCIL YEARS 7-12	All Year (commencing Week 2, Term 1) Led by Mr Josh Blacka Fridays, 1.10pm–1.50pm C Block
TECH TEAM YEARS 7-9	All Year Mr Mitch Degotardi Tuesday, 10.30am–10.55am KS1
TITRATION CLUB YEARS 10-12	Semester 1 Ms Lucy Cardus Tuesday 1:10pm – 1:50pm Sheoak 7 Students practice the scientific skill of titration for entry into the Royal Australian Chemical Institute (RACI) Titration competition. The Titration Competition aims to inspire high school students with a passion for Chemistry, especially its hands-on aspects, to enhance their scientific abilities and comprehension. Additionally, participants have the exciting opportunity to compete on a state and national scale.



Cocurricular Music and Dance

Immanuel's highly acclaimed Cocurricular Music and Dance program is one of Immanuel's key strengths. Our students are committed to excellence and perform regularly at events across the Sunshine Coast. Students are also given the opportunity to tour as part of our various ensembles. In recent years, there have been music tours to Melbourne and Sydney along with countless examples of Immanuel's students being involved in community music opportunities (such as performances and competitions) on the Sunshine Coast and in Brisbane.

Lessons are available on campus for piano, singing, music theory, violin, viola, cello, double bass, flute, oboe, clarinet, bass clarinet, bassoon, alto saxophone, tenor saxophone, baritone saxophone, trumpet, French horn, trombone, euphonium, tuba, ukulele, acoustic guitar, electric guitar, electric bass, tuned percussion and untuned percussion. Please contact bonare@immanuel.qld.edu.au for more information.

Applications for lessons can be made via https://immanuelqldedu.formstack.com/forms/instrumental_music_application_current at any time in the academic year and information about our performances and opportunities is available on our App and via Clipboard. Our Music Scholarship and Music Bursary students play an important role in maintaining the standard of our program. Students may begin piano, violin and singing lessons in Prep, violin/viola/cello lessons in Year 3 and all remaining instruments in Year 4. In some circumstances, applications will be considered for students wishing to begin learning at a younger age. Lessons are held in class time, in group or individual lessons, on a rotational timetable.

We have dance troupe opportunities for students in the Secondary School and our lead dancers and scholarship students also support activities in the Primary School. Our dance troupes and dance scholarship students represent Immanuel in competitions.

The Beginner String Program is open to all students in Years 3 and 4 who wish to play a string instrument (excluding guitar).

Expressions of interest are taken when the student is in Years 2 and 3 (Term 4) and lessons start when they are in Year 3 and Year 4.

Emphasis is placed on developing the correct technique and students are in either the Beginner String Ensemble (Andante Strings) or Middle String Ensemble (Giocoso Strings). Students receive two years of free tuition and use of an Immanuel instrument (for a fee of \$320 per year). At the end of the program, students are encouraged to undertake group/individual lessons on their chosen instrument.

The Beginner Woodwind, Brass and Orchestral Percussion Program is open to all students in Year 4 who wish to play a woodwind, brass or orchestral instrument (flute, clarinet, alto saxophone, French horn, trumpet, trombone, euphonium, tuba, bass guitar or orchestral percussion). Expressions of interest are taken when the student is in Year 3 (Term 4) and lessons start when they are in Year 4. Emphasis is placed on developing the correct technique and students join Immanuel's Beginner Band and then advance to Concert Band. Students receive one year of free tuition and use of an instrument (for a fee of \$320 per year). At the end of the year students are encouraged to undertake group/individual lessons on their chosen instruments.

Immanuel's Cocurricular Music Ensembles and Dance Troupes

BEGINNER BAND	<p>Mrs Emily Bonar – Ensemble Conductor Monday 3.00pm - 3.45pm - rehearsals start in Week 4 of Term 1 KMB Cost: Free</p> <p>This developmental ensemble is open to all students who play a woodwind, brass or percussion instrument at a beginner level. The ensemble is linked to the Beginner Band Program. Emphasis is placed on tone development, technique development and sight reading. Beginner Band is frequently changing as students advance to Concert Band. This is a compulsory ensemble for students learning as part of the Beginner Band Program is that students must attend Beginner Band. Rehearsal and performance information is found in our App and via Clipboard. Students hiring an Immanuel instrument will be charged the hire fee.</p>
BEGINNER STRING ENSEMBLE (ANDANTE STRINGS)	<p>Ms Jo Ramsey – Ensemble Conductor Monday 3.00pm–4.00pm - rehearsals start in Week 4 of Term 1 KLT – Innovation Hub (Lower Level) Cost: Free</p> <p>This developmental ensemble is open to all students who play a string instrument at a beginner level and is linked to the Beginner String Program. Emphasis is placed on tone, technique development and sight reading. This ensemble is open to new students for the entire academic year and changes frequently as students advance to the Middle String Ensemble (Giocoso Strings). Rehearsal and performance information is found in our App and via Clipboard. Students hiring an Immanuel instrument will be charged the hire fee.</p>
CHOIR PREP	<p>Mrs Emily Newton – Ensemble Conductor Rehearsal Time Included in Arts Curriculum Learning – rehearsals commence in the later part of Term 1 Wattle Classrooms, Primary School Cost: Free</p> <p>This ensemble is open to all students in Prep who wish to sing in a choir. Emphasis is placed on ensemble etiquette, sight singing and rhythmic and melodic understanding. This ensemble is focused on developing a love of music at a young age, in a fun and nurturing environment. This ensemble is open to new students for the entire academic year. Rehearsal and performance information is found in our App and via Clipboard. Students hiring an Immanuel instrument will be charged the hire fee.</p>
CHOIR YEARS 1-3	<p>Mrs Emily Newton – Ensemble Conductor / Mr Harrison Gentile – Piano Accompanist / Mrs Sarah Forrest – Manager Tuesday 7.40am -8.20am Paperbark Cost: Free</p> <p>The Years 1–3 Choir is offered to all children in Years 1, 2 and 3 who love to sing! Children will engage in vocal exercises and a range of pieces designed to encourage participation and enjoyment whilst improving technique and building confidence in vocal performances. Rehearsal and performance information is found in our App and via Clipboard. Students hiring an Immanuel instrument will be charged the hire fee.</p>
CHOIR YEARS 4-6	<p>Mrs Emily Newton – Ensemble Conductor / Mr Denis Feletto – Piano Accompanist / Mrs Tanya Everson – Manager Monday 10.50am–11.25am Paperbark Cost: Free</p> <p>This ensemble is open to all students in Years 4 to 6 who wish to sing in a choir. Emphasis is placed on ensemble etiquette, sight singing and rhythmic and melodic understanding. This ensemble is focused on developing a love of music at a young age, in a fun and nurturing environment. This ensemble is open to new students for the entire academic year. Rehearsal and performance information is found in our App and via Clipboard. Students hiring an Immanuel instrument will be charged the hire fee.</p>

<p>COLLEGE CHORALE</p> <p>SECONDARY SCHOOL</p>	<p>Mrs Emily Newton – Ensemble Conductor / Mr Denis Feletto – Piano Accompanist Cost: Free Monday 3.30pm–4.30pm</p> <p>This ensemble is open to all students in the Secondary School who wish to sing in a choir. Emphasis is placed on ensemble etiquette, sight singing and rhythmic and melodic understanding. This ensemble is open to new students for the entire academic year. Rehearsal and performance information is found in our App and via Clipboard. Students hiring an Immanuel instrument will be charged the hire fee.</p>
<p>CONCERT BAND</p> <p>YEARS 4-7</p>	<p>Mrs Emily Bonar – Ensemble Conductor / Mrs Christina Rekort-Blundell – Manager Thursday 7.20am–8.20am KM8, Music and Drama Centre</p> <p>This ensemble is for students in Years 4 to 7 with addition of some Secondary students on beginner/second instruments. The ensemble is open to all students who play a woodwind, brass or percussion instrument at an intermediate or better level. Emphasis is placed on tone development, technique development and sight reading. The ensemble regularly takes part in Immanuel performances and activities. Students are encouraged to undertake group/individual lessons on their chosen instrument. Once they reach an advanced level of tone and technique they will be invited to join Symphonic Band. Rehearsal and performance information is found in our App and via Clipboard. Students hiring an Immanuel instrument will be charged the hire fee.</p>
<p>DANCE TROUPES</p>	<p>Miss Amy Sluggett – Dance Troupes Coordinator and Teacher Cost: Free Rehearsals and competitions biannual due to SS Musical Dance Studio, A. J. Jericho Stadium</p> <p>Junior Troupe: Years 7-9 (Friday 7.00am-8.00am) Senior Troupe: Years 10-12 (Tuesday 7.00-8.00am)</p> <p>Immanuel provides outstanding extension opportunities for dance students in the cocurricular space. Students in troupes are involved in tours, performances and competitions. It is an expectation that students in troupes have the following uniform/gear for rehearsals.</p> <ul style="list-style-type: none"> · Immanuel sports t-shirt · Navy/Black leggings <p>Rehearsal and performance information is found in our App and via Clipboard.</p>
<p>MIDDLE STRING ENSEMBLE</p> <p>(GIOCO SO STRINGS)</p>	<p>Ms Jo Ramsey – Ensemble Conductor / Mrs Heidi O’Hehir - Manager Cost: Free Tuesday 7.20am–8.20am KM8, Music and Drama Centre</p> <p>This developmental ensemble is open to all students who play a string instrument (excluding guitar) at a youth level and who are in their second year of learning or higher. This ensemble regularly takes part in Immanuel performances and activities. Students are encouraged to undertake group/individual lessons on their chosen instrument. When they reach an advanced level of tone and technique, they will be invited to join the Vivace String Ensemble. Small ensembles are formed from students in this ensemble to compete in the Sunshine Coast Junior Eisteddfod. Rehearsal and performance information is found in our App and via Clipboard. Students hiring an Immanuel instrument will be charged the hire fee.</p>
<p>ROCK BAND MENTORING PROGRAM</p>	<p>Mr Josh Blacka – Ensemble Director / Mr Mitchell Degotardi – Ensemble Director / Mrs Emily Bonar – Manager Cost: Free Tuesday 1.10pm - 1.50pm and Thursday 1.10pm - 1.50pm</p> <p>Immanuel offers several avenues for students to become involved in contemporary music experiences. These experiences are aimed at those who study voice, drums, electric guitar and electric bass at the College. Students are asked to speak directly with the Cocurricular Music Coordinator if they wish to be involved in one of Immanuel's contemporary ensembles. Rehearsal scheduled as part of our Rock Band Mentoring Program (please see Mrs Bonar if you wish to be involved) - Sessions Tuesday 1.10pm - 1.50pm and Thursday, 1.10pm - 1.50pm. Rehearsal and performance information is found in our App and via Clipboard. Students hiring an Immanuel instrument will be charged the hire fee.</p>

<p>STAGE BAND</p>	<p>Mr Sacha Gibbs-McPhee – Ensemble Conductor Cost: Free Tuesday 7.20am - 8.20am KM8, Music and Drama Centre This ensemble is an invitation only ensemble. Students must also regularly attend Symphonic Band to be eligible to hold a place in Stage Band. Emphasis is placed on tone and technique development and sight-reading skills. Jazz theory and improvisation is included in the development of this ensemble. This ensemble represents Immanuel in public performances and competitions. Rehearsal and performance information is found in our App and via Clipboard. Students hiring an Immanuel instrument will be charged the hire fee.</p>
<p>SYMPHONIC BAND</p>	<p>Mrs Emily Bonar – Ensemble Conductor Cost: Free Wednesday 7.20am–8.20am KM8, Music and Drama Centre This ensemble is an invitation only ensemble for students studying woodwind, brass or percussion at the College. This ensemble represents Immanuel in public performances and competitions. Advanced performance techniques are required. Serious band literature is selected from a variety of periods in music history. Students in this ensemble are encouraged to undertake individual lessons on their chosen instrument. Small ensembles are formed from students in this ensemble to compete in the Sunshine Coast Junior Eisteddfod. Rehearsal and performance information is found in our App and via Clipboard. Students hiring an Immanuel instrument will be charged the hire fee.</p>
<p>VIVACE STRING ENSEMBLE (VIVACE STRINGS)</p>	<p>Ms Jo Ramsey – Ensemble Conductor / Ms Brandi Galpin – Manager Cost: Free Monday 7.20am–8.20am KM8, Music and Drama Centre This premier ensemble is an invitation only ensemble for students studying a string instrument, excluding guitar, at Immanuel. This ensemble represents Immanuel in public performances and competitions. Advanced performance techniques are required. Serious string ensemble repertoire is selected from a variety of periods in music history. Students in this ensemble are encouraged to undertake individual lessons on their instrument. Small ensembles are formed from students in this ensemble to compete in the Sunshine Coast Junior Eisteddfod. Rehearsal and performance information is found in our App and via Clipboard. Students hiring an Immanuel instrument will be charged the hire fee.</p>
<p>VOCAL ENSEMBLES</p>	<p>Mrs Emily Newton – Ensemble Director / Mr Denis Feletto – Accompanist Cost: Free Rehearsals for vocal ensembles take place between 4.30pm and 5.45pm on Monday (after College Chorale). This ensemble is open to advanced vocal students in the Secondary School who wish to be part of an advanced vocal ensemble. This ensemble is an invitation only ensemble and students must audition in Term 1 to be considered for a place in the ensemble. Advanced vocal technique is a requirement for this ensemble. Students in this ensemble must also be regularly attending College Chorale. It is a prerequisite that students in any extension vocal ensemble are also in College Chorale. Students must be able to attend weekly rehearsals to remain in these extension ensembles. Rehearsal and performance information is found in our App and via Clipboard. Students hiring an Immanuel instrument will be charged the hire fee.</p>
<p>WORSHIP BAND</p>	<p>Mr Josh Blacka / Mrs Selina Manton / Mr Mitch Degotardi Cost: Free Rehearsals as Required Worship Centre This ensemble is for students studying vocal, electric guitar, acoustic guitar, electric bass, percussion and piano at the College. Emphasis is placed on preparing and performing worship music for both College and community events. This ensemble performs weekly. This ensemble is open to new students for the entire academic year. Rehearsal and performance information is found in our App and via Clipboard. Students hiring an Immanuel instrument will be charged the hire fee.</p>

Sport

Participation in sport is an integral part of life at Immanuel. Sport brings students together by providing shared opportunities for recreation, physical fitness, developing friendships and instilling values such as working together for a common goal.

Students are encouraged to participate to the best of their ability and to display true sportsmanship. The social enjoyment and skill development aspects are encouraged rather than a 'win-at-all costs' attitude. How you play the game is important at Immanuel.

Immanuel is a member of a number of sports associations that allows students to represent the College in a wide variety of local, regional and state sporting competitions.



<p>AUSTRALIAN RULES FOOTBALL (AFL) QSCHOOLS CUP GALA DAY</p> <p>YEARS 7-12</p>	<p>Term 2</p> <p>Mr Matt Bradforde</p> <p>One Day Gala type competition Games played at Fishermans Road, Maroochydore. Specific Dates for Junior Boys, Junior Girls, Senior Boys and Senior Girls in Term 2. Training 7.00am – 8.00am throughout Term 2. Training day decided by team coaches.</p>
<p>BASKETBALL CBSQ WILDCARD AND REGIONAL COMPETITIONS</p> <p>YEARS 9-12</p>	<p>Terms 1 and 2</p> <p>Mr Brett Cruse</p> <p>Sunshine Coast Regional and Wildcard Basketball competition. Selected teams and players only. Junior (Years 9 and 10) and Senior (Years 11 and 12). Various competition dates during Term 2, 3 and 4. Will be advertised on Immanuel App and Clipboard/Notices for students.</p>
<p>BASKETBALL SUNSHINE COAST FRIDAY NIGHT COMPETITION</p> <p>YEARS 7-12</p>	<p>Terms 3 and 4</p> <p>Mr Matt Bradforde</p> <p>Games held at various locations on the Sunshine Coast. Junior (Years 7 and 8), Intermediate (Years 9 and 10), and Senior (Years 11 and 12). Training throughout Term 2, 3 and 4. Training day decided by team coaches.</p>
<p>CROSS COUNTRY RUNNING / SENIOR SCHOOL RUN CLUB</p>	<p>Commencing Week 6 of Term 1 until the end of Term 2</p> <p>Coach Ben Tacey / Mr Garreth Cape</p> <p>Friday mornings 7.00am – 8.00am Main Oval</p> <p>All interested runners are invited to train in preparation for Interhouse and District Cross Country events. NB: P-12 Interhouse Cross Country is Tuesday 1st April, 2025.</p>
<p>EQUESTRIAN</p>	<p>Mr Matt Bradforde</p> <p>Immanuel enters local school competitions depending on numbers and riding ability.</p>
<p>IMMANUEL SOCCER CLUB</p> <p>U6-U18 YEARS OF AGE</p>	<p>Mid Term 1 to Term 3</p> <p>Venues across the Sunshine Coast</p> <p>soccerpresident@immanuel.qld.edu.au</p>
<p>MOUNTAIN BIKING SCHOOLS CHAMPIONSHIP</p>	<p>Term 3</p> <p>Mr Josh Blacka / Mr Michael Bourke</p> <p>Thursday 24th and Friday 25th July</p> <p>A day of individual and school team pursuits, as riders tackle Sugar Bag Road and three of its premium tracks. Students will compete in an open competition against Secondary students from all over the Sunshine Coast. Trainings to occur during Sport and Activities time for Gr 7 – 9 students. Will be advertised on App and Clipboard/Notices for students.</p>
<p>NETBALL IMMANUEL SATURDAY CLUB</p> <p>5-18 YEARS OF AGE</p>	<p>ILC Club Netball (SCNA)</p> <p>Saturday Morning Fishermans Road, Maroochydore</p> <p>ILC Netball Committee at ilcnetballpresident@gmail.com</p>
<p>NETBALL MONDAY NIGHT SCNA NETBALL COMPETITION</p> <p>YEARS 7-12</p>	<p>Terms 1 and 2</p> <p>Monday Night SCNA Netball Competition</p> <p>Ms Ava Black / Mrs Linda Cornell</p> <p>Trials held Thursday 30th January. 3.30pm – 5.30pm Fishermans Road, Maroochydore. Grading Rounds – 17th and 24th February Round 1 – 31st February. Junior, Intermediate and Senior divisions. Training time and day decided will be advertised via Immanuel App and Clipboard after team selections.</p>

<p>NETBALL UNITYWATER LIGHTNING CUP</p> <p>YEARS 5-6</p>	<p>Term 3</p> <p>Michael Johnson / Ava Black / Fiona McManus</p> <p>Times & Dates TBA – usually weekend competition in August</p> <p>The Unitywater Lightning Cup is a Sunshine Coast Region primary school netball competition, held at Sunshine Coast Netball Association (108 Fishermans Road, Maroochydore QLD 4558).</p>
<p>NETBALL VICKI WILSON CUP NETBALL COMPETITION</p> <p>YEARS 7-12</p>	<p>Term 2</p> <p>Ms Ava Black / Mrs Linda Cornell</p> <p>Friday 9 May 2025 One Day Gala style competition played at Fishermans Road, Maroochydore</p> <p>Junior (Years 7 – 9) and Senior (Years 10 – 12) Divisions.</p>
<p>RUGBY 7S (SCISSA)</p> <p>YEARS 7 – 12</p>	<p>Term 4 - Wednesday afternoon/evening games</p> <p>Mr Kurt Jones</p> <p>SCISSA Rugby 7s Competition</p> <p>Training Term 3 and 4. Monday afternoons 3.30pm – 5.00pm. Other training days and times decided by team coaches.</p> <p>Girls and Boys Competition. Teams can enter U13, U14, U16 and U18 divisions. Games are mostly played at Kawana Sport Precinct, Nicklin Way along with school venues at Matthew Flinders Anglican College, Sunshine Coast Grammar School and St Andrews Anglican College.</p>
<p>RUGBY UNION 15-A-SIDE (SCSSRU)</p> <p>YEARS 7 – 12</p>	<p>Boys Term 2, Girls Term 3</p> <p>Mr Kurt Jones</p> <p>Wednesday afternoon/evening games.</p> <p>Competition includes home and away fixtures each week. Term 1 training day and time decided by team coaches. Will be advertised on Immanuel App and Clipboard/Notices for students.</p>
<p>RUNNING CLUB PRIMARY</p> <p>YEARS 2-6</p>	<p>Terms 1 and 2</p> <p>Mr Michael Johnson</p> <p>Starting Wk 5 onwards, Wednesdays 7.00am – 8.00am Main Oval</p>
<p>SOCCER (SCISSA)</p> <p>YEARS 7-12 BOYS AND GIRLS</p>	<p>Terms 1 and 2</p> <p>Mr Matt Bradforde / Liam Culpitt</p> <p>SCISSA Soccer Wednesday afternoon competition.</p> <p>Term 1: Junior (Years 7 and 8) and Intermediate (Years 9 and 10) divisions play.</p> <p>Term 2: Senior Divisions play (Years 11 and 12).</p> <p>Wednesday afternoon/ evening games. Competition includes home and away fixtures each week. Morning training Terms 1 and 2. Day decided by team coaches. Will be advertised on Immanuel App and Clipboard/Notices for students.</p>
<p>TENNIS (SCISSA)</p> <p>YEARS 7 - 12 BOYS AND GIRLS</p>	<p>Term 4</p> <p>Mr Matt Bradforde</p> <p>SCISSA Tennis Wednesday afternoon/evening competition.</p> <p>Term 4: Junior (Years 7 and 8), Intermediate (Years 9 and 10) and Senior Divisions (Years 11 and 12). Mixed teams allowed. Competition includes home and away fixtures each week. Morning training in Terms 3 and 4 run by KT Tennis Academy. Will be advertised on App and Clipboard/Notices for students.</p>

<p>TOUCH FOOTBALL (SCISSA)</p> <p>YEARS 7-12 BOYS AND GIRLS</p>	<p>Term 3</p> <p>Ms Tahlia Rolph SCISSA Touch Football Wednesday afternoon/evening competition Term 3: Junior (Years 7 and 8), Intermediate (Years 9 and 10) and Senior Divisions (Years 11 and 12). Competition includes home and away fixtures each week. Training times and day to be decided by team coaches. Will be advertised on App and Clipboard/Notices for students.</p> <p>Sunshine Coast All Schools Touch – Sunday 28 July. One Day competition Venue - TBC. For selected students and teams only. Junior (Years 7 and 8), Intermediate (Years 9 and 10) and Senior (Years 11 and 12).</p>
<p>VOLLEYBALL QUEENSLAND SCHOOLS CUP –</p> <p>JUNIOR, INTERMEDIATE, SENIOR</p>	<p>Terms 2, 3 and 4</p> <p>Ms Sarah Barber Each year, Immanuel sends selected teams to the various Queensland Schools Cup competitions at the Gold Coast. Team selection decided on performance during SCISSA Volleyball seasons and training commences the term prior to the competition. Will be advertised on App and Clipboard/Notices for students.</p> <p>2025 Dates:</p> <ul style="list-style-type: none"> · Intermediate Schools Cup – Term 2 30th May – 1st June Gold Coast · Seniors Schools Cup – Term 3 8th – 10th August Gold Coast · Junior Schools Cup – Term 4 24th – 26th October Gold Coast.
<p>VOLLEYBALL (SCISSA)</p> <p>YEARS 7-12 BOYS AND GIRLS</p>	<p>Terms 1 and 2</p> <p>Ms Sarah Barber SCISSA Volleyball Wednesday afternoon/evening competition. Term 1: Senior Divisions (Years 11 and 12). Term 2: Junior (Years 7 and 8) and Intermediate (Years 9 and 10) divisions. Competition includes home and away fixtures each week. Training day and time decided by coaches. Will be advertised on Immanuel App and Clipboard/Notices for students.</p>
<p>VOLLEYBALL TRISH BUCKLEY COMPETITION</p>	<p>Term 1</p> <p>Ms Sarah Barber Senior Trish Buckley (Years 10 –12) Friday night fixtures played at Caloundra Stadium in Term 1. Begins Friday 21st February. Final round Friday 14th March. Teams are invitation only and training commences the term of the competition.</p> <p>Term 2</p> <p>Ms Sarah Barber Junior Trish Buckley (Years 7-9) Friday night fixtures played at Caloundra Stadium in Term 2. Begins Friday 9th May. Final round Friday 6th June. Teams are invitation only and training commences the term of the competition.</p>
<p>WATER POLO</p> <p>YEARS 7-12 BOYS AND GIRLS</p>	<p>Terms 3 and 4</p> <p>Mrs Kylie Johannessen Teams play in the Monday Night Schools Sunshine Coast Water Polo Competition. It is a fun opportunity for learning, competing and improving water polo skills as part of a great team.</p> <p>Teams can enter Junior, Intermediate or Senior divisions. Venues are Noosa, Kawana, St Andrew's or Sunshine Coast Grammar School pools. Additional training sessions organised by team coaches. Will be advertised on App and Clipboard/Notices for students.</p>



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A co-educational school owned and operated by THE LUTHERAN CHURCH OF AUSTRALIA QUEENSLAND DISTRICT trading as Immanuel Lutheran College

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